ATLANTIC
TRAINING CENTER

Course Catalogue

One of Northern
New Jersey's Largest
Training Centers

ATLANTIC
TRAINING CENTER

ALSB

EXCELLENCE

THROUGH EDUCATION

THE PASSION TO LEAD
Dear Student,

Welcome to the Course Catalogue of the Atlantic Training Center (ATC) where we believe in Excellence in Education. Atlantic Training Center, a division of Atlantic Ambulance Corporation, is one of the largest training centers in northern New Jersey. We offer a wide variety of courses for all provider levels that includes BLS/ALS education, Critical Care Transport Air/Ground, and a wide range of American Heart Association Programs including: BLS, ACLS, PALS and PEARS. Our students include first responders, police, fire, EMT’s, paramedics, nurses, and physicians.

Our instructor staff is made up of highly knowledgeable and experienced EMT’s, Paramedics, Nurses and Physicians. Not only are the instructors top notch but they are mobile, too! A unique aspect of the Atlantic Training Center is that our instructors can travel to you for group classes. Onsite training is a cost effective and efficient way to provide education in a variety of geographic areas including: Essex, Union, Morris, Sussex, Hunterdon and Warren Counties, to name a few.

As you will see in this edition, our catalogue is packed with over fifty courses! Additionally, we are continually developing and improving courses for you. If you don’t see a course that meets your needs please contact us. We would be happy to customize a program that will meet your group or organization’s educational needs. **

Course registration is easy! Instructions are on page 14 of the catalogue.

The Atlantic Training Center looks forward to providing you with the high quality education you are looking for. Visit us at www.atlanticambulance.org or call for further information and assistance (Directory on page 15).

Sincerely,

The Dedicated Staff of Atlantic Training Center
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• **Atlantic Air One Landing Zone Safety Program - 2 CEUs**
  Delivered by members of the Atlantic Air One Flight Crew, this course gives an in-depth look into safe operations around the Atlantic Air One EC-135 Eurocopter. This course covers indications for patient air transport, fly-drive criteria, proper landing zone etiquette and more. NOTE: For a class of 50 or more students, we will attempt to bring the helicopter for a live demonstration, weather and helicopter availability permitting.

• **A Closer Look at Asthma - 3 CEUs**
  Autoimmune disease, stress problem, or just a respiratory problem? We take a close look at why asthma happens and how it kills.

• **Athletic Emergencies - 3 CEUs**
  An overview of the common mechanisms of injury seen in athletic injuries. Evaluating the various types of athletic equipment thatprehospital providers might encounter. Citing incidents when the athlete’s protective equipment should be removed.

• **Autism Awareness for the EMS Provider - 2 CEUs**
  This course outlines recognition and treatment considerations for patients with Autism. Sites assessment techniques and provides an understanding of this diagnosis and how it affects the patients we encounter.

• **Behavioral Emergencies - 3 CEUs**
  A deeper look into the most perplexing and complex calls pre-hospital providers can get. Topics address how to recognize the major symptoms of medical and psychological causes of behavioral problems. How to protect ourselves while treating the patient effectively and with dignity.

• **Bleeding and Shock - 2 CEUs**
  Shock is the major killer of all our patients. Learn to beat this insidious killer with rapid recognition and aggressive treatment.
Course Offerings

- **Blood Borne Pathogens/Right-to-Know - 2 CEUs**
  Learn the nature of blood borne infections, how we can protect ourselves and our patients from contracting them, and what are the most dangerous infections. This course satisfies the OSHA annual requirement for all hospital staff, squad members, police and fire.

- **Cardiac Emergencies - The Beat Goes On - 3 CEUs**
  A detailed study of the anatomy and function of the heart with emphasis on prompt and aggressive treatment of cardiac disorders.

- **Cardiothoracic Trauma - 2 CEUs**
  A study of these types of injuries and management of our Cardiothoracic trauma patients.

- **CBRNE Awareness - 4 CEUs**
  This course is designed for First Responders who operate at the awareness level. The lecture will familiarize students with the recognition of weapons of mass destruction, terrorism and the defense actions they should use in response to a terrorist incident. The course will review basic awareness level response principles.

- **Coaching the Emergency Vehicle Operator CEVO III - 8 CEUs**
  Coaching the Emergency Vehicle Operator (CEVO) courses for ambulance, fire and police personnel quickly became accepted as the standard in driver training for these fields. Since its inception over 500,000 emergency professionals have been trained with the CEVO program. Comprehensive coverage of collision-prevention techniques, including:
  - cushion of safety
  - scanning
  - vehicle positioning
  - handling blind spots
  - safe backing
  - parking procedures and more...
  Coverage of a wide range of other safety-related topics including:
  - vehicle inspection
  - vehicle handling and design characteristics
  - emergency and non-emergency driving differences
  - safety at the emergency scene.
Course Offerings

- **CEVO - Maneuvering Skills - 4 CEUs**
  CEVO - III Ambulance classroom attendance is a pre-requisite for this behind the wheel skill session. Low speed serpentine, backing, parallel parking, vehicle inspection and more are included. You will need to provide two ambulances, a large space such as a vacant school parking lot and 30 traffic cones. Enrollment is limited to equipment and instructor ratios.

- **Communications for EMS Personnel - 3 CEUs**
  This program quickly reviews the early days of EMS Communications and leads us through to current day technology. Various types of communication tools as well as many commonly used frequencies will be discussed. The course covers interpersonal and interagency communication, some do’s and don’ts of radio etiquette, and multiple real-time dispatched calls are reviewed.

- **Congestive Heart Failure - 2 CEUs**
  This program provides an overview of this specific medical patient and guides the prehospital provider through a thorough assessment and treatment options for this specific patient population.

- **Crush Injuries - 1 CEUs**
  A review of the complexity of crush injuries and the management of these injuries. These can pose a challenge for both the patient and prehospital providers.

- **Defensive Driving - DDC 6 - 6 CEUs**
  This course is designed to impress the importance of driving more defensively. The techniques included in this program will better prepare you to avoid collisions and survive those you can’t. This course is approved for NJ driver license point reduction, and can be applied to NJ automobile insurance companies for rate reductions.

- **Diabetic Emergencies - 2 CEUs**
  Learn to recognize the many presentations of this complex disease and determine when you can and cannot let the patient RMA.

- **Difficult Airway- 16 CEUs**
  This advanced level course give a detailed overview of the airway, explore multiple treatment modalities and utilize many different airway adjuncts. Learn a full range of airway management techniques—including use of extraglottic devices, drug-assisted intubation and cricothyrotomy. Practical decision making and airway techniques in Code-Airway stations.
Course Offerings

- **Documentation - 2 CEUs**
  Learn how to write a proper Patient Care Report (PCR) including assessment findings, scene descriptions and which details should be included and why. Learn which abbreviations and terminology is acceptable.

- **Emergency Incident Rehabilitation - 2 CEUs**
  A review of the proper methods and treatment of prehospital responders on a scene. This course will allow you to properly recognize when a patient needs rehabilitation and transport. Ensuring that all providers remain safe at any scene.

- **Emergency Medical Responder (First Responder)**
  This course teaches participants how to respond to life-threatening emergencies. The course focuses on primary care through a combination of knowledge development, skill development and realistic scenario practice to make sure participants have the confidence in their ability to provide care when emergency situations arise.

- **EMS Jeopardy - 2 CEUs**
  A fun way to test your knowledge of EMS facts against your peers. Works just like the game.

- **EMS Response with Law Enforcement - 4 CEUs**
  A review of Law enforcement and EMS response. Understanding scene safety and preservation issues that affect our response to patient care.

- **EMS Safety - 8 CEUs**
  This course increases the practitioners awareness and understanding of EMS safety standards and practices and develops their ability to effectively implement them. This program covers crew resource management, vehicle safety, scene safety and personal health.
Course Offerings

- **EMS on the Fireground – 3 CEUs**
  A comprehensive overview of the fire triangle, FAST Team, the effects of environment on firefighting and firefighters. Discuss basic firefighting strategy, the command structure, common tactics and strategies useful to EMS on the fireground. The best techniques and equipment for rehab and the role of EMS during rehab.

- **Epi-Pen Administration - 3 CEUs**
  Learn proper administration and NJ protocol in regard to using the Epi-Pen for treatment of allergic reactions.

- **Extreme Splinting - 3 CEUs**
  The problem is not so much the bone, but rather the vessels and nerves. This course will show improved techniques to perform the infamous “PMS” assessment. This course recognizes that most squads use splinting techniques which go beyond boards and cravats. In addition to innovative use of traditional splint materials, the course will explore flexible splints and the Sager Splint.

- **Extrication for EMS Providers - 2 CEUs**
  This course offers a review of EMS operations and patient care during extrication. Ensuring the proper precautions are taken when involved in the extrication of patients. Overview of safety, assessment and treatment of patients.

- **Evaluation and Management of the Geriatric Patient - 3 CEUs**
  Seniors are not like us. They are more fragile but also stronger than we expect. Learn to interpret the subtle clues to medical and trauma issues in our older patients.

- **Every 15 Minutes**
  Unique in its design and powerful in its impact, this course is an educational experience that reminds us all of the dangers associated with driving while impaired and texting. A crash is staged, the emotions are real.

- **Hazardous Material Awareness - 4 CEUs**
  Participants will learn how to recognize a hazardous materials release and the risks involved. They will also learn how to identify the released material: how to use available resources, including the Emergency Response Guidebook and how to notify the proper authorities in the event of a hazardous material emergency.
Course Offerings

- **Incident Command System  ICS 100 - (4 CEUs), ICS 200 - (12 CEUs)**
  This series of classes teaches the participants the management concepts for both small and large scale incidents.

- **Kinematics of Trauma Assessment - 1.5 CEUs**
  A review of scene size up, initial assessment, rapid trauma exam. Explore the difference between rapid and focused exam, mechanism of injury for trauma patients.

- **Large Scale Incident (LSI) - 4 CEUs**
  An overview of practical techniques for applying Incident Management to the large mass casualty incident.

- **Latex Allergies - 2 CEUs**
  More common than we would think, this allergy can affect caregivers and patients alike.

- **Managing the Congestive Heart Failure (CHF) Patient - 3 CEUs**
  To educate the EMT-B on CHF by reviewing the pathophysiology of CHF, signs and symptoms, pre-hospital treatments and routine medications that the CHF patient may be on.

- **Managing the Mass Causality Incident (tabletop) - 2 CEUs**
  Mass Casualty meets Matchbox! A fun way to practice the essentials of MCI management and an introduction to a new way to drill.

- **MCI Drill for EMS Providers**
  This intense course is designed to help keep the EMT up to date on their Mass Causality Incident skills. The course starts off with a review of START Triage and then moves into a mock MCI scenario. After the scenario, the instructors will sit with everyone and review the MCI.

- **Medical Ethics and D.N.R - 3 CEUs**
  Keep up with the ever changing world of Medical Ethics and out of hospital Do Not Resuscitate (DNR) orders. Learn what role the EMT-B has in medical ethics and DNR.

- **MICU Utilization - 2 CEUs**
  ALS can make a difference between life and death for your patients. But new Federal rules make their use more expensive than ever, even when they never treat. Knowing when ALS is really needed, and when they are not, can save your patients a lot of expense and improve your public relations.
Course Offerings

- **Obstetrical Emergencies - 2 CEUs**
  A review of current procedures for handling the emergencies of pregnancy and delivery. This course also includes the latest standards on newborn resuscitation

- **Paramedic Assistant - 16 CEUs**
  Ok, the medics are on scene. Often then, EMT's step back and become lifters and chauffeurs. This course integrates BLS more vigorously into the care team. Learn how BLS can assist with IV’s, intubation and ventilation, CPAP, nebulizers, and other procedures.

- **Patient History from Medications - 3 CEUs**
  Understanding the importance of obtaining accurate information regarding patient medications. Understanding and reviewing the classes and typical uses for commonly prescribed medications.

- **Pediatric Education for Pre-Hospital Professional - 8 CEUs**
  Eight hour pre-hospital pediatric emergency care. This course goes into depth on assessment and treatment appropriate to the developmental stage of the child. There is a textbook, lectures, practical scenarios and group discussions Pre-Hospital Trauma Life Support (PHTLS)

- **Pediatric Trauma - 2 CEUs**
  Understanding common trauma related incidents specific to the pediatric population. An overview of the physiological and anatomical differences between our pediatric and adult patient population. Assessments and treatments of the pediatric patient population.

- **Pills that Kill - 2 CEUs**
  This course discusses pharmacology and how it will affect a child. There are case examples, assessment parameters and outcomes to be considered.

- **Respiratory Emergencies - 2 CEUs**
  Practice a skill that the EMT-B does not practice enough. Learn the best way to take lung sounds as well as the best places to maximize effect.

- **Sick/Not Sick - 3 CEUs**
  Learn to trust your own judgment. Determine in the first minute of contact whether your patient is in danger.
Course Offerings

- **Sudden Infant Death Syndrome (SIDS) - 2 CEUs**
  Dealing with children is often difficult. Dealing with children who have died for no apparent cause is horrendously worse. Learn the best way to assess the child and to determine if they are a viable candidate for resuscitation. Learn how to deal with the parents when there is no hope.

- **Simple Triage and Rapid Transport START triage - 3 CEUs**
  There is a potential for over triage and under triage. Currently, the standard in triage care, START is a highly efficient tool for initial triage on the MCI scene. Properly used, START enables effective triage in 30 seconds or less.

- **Spinal Immobilization - 2 CEUs**
  This course goes over a list of common mechanisms of injury seen in MVC’s. Describes the importance of spinal immobilization in crash victims. Cites instances when the KED vs rapid extrication should be utilized. Initial triage on the MCI scene. Properly used, START enables effective triage in 30 seconds or less.

- **Street Drugs and Overdoses - 3 CEUs**
  Get a look at the common drugs in use today along with the symptoms of use and overdose. The course will show the drug situations most likely to present danger to the rescuer and the most effective treatment strategies.

- **Street to Admission - 3 CEUs**
  This course will demonstrate the care necessary from the street to hospital for trauma patients. This also gives an overview of what the patient experiences when arriving at the Emergency Department.

- **Stroke Awareness - 2 CEUs**
  There are new and exciting treatments for stroke which offer chances for significant improvement in even the worst stroke cases, if you act quickly. Learn how to recognize stroke, how to treat it, and how BLS can make a profound difference in the life of a stroke patient.

- **Summer Emergencies - 2 CEUs**
  Summer is usually the time for relaxing and vacation. But outdoor relaxation can turn into disaster. Learn how to protect yourself from the dangers of the season and how to respond to seasonal emergencies.
Course Offerings

- **Therapeutic Patient Communication - 2 CEUs**
  Effectively communicate with a wide variety of patients. This course provides guidelines and skills needed to facilitate effectively eliciting information from patients. Learn how to better control your own voice, body language and questioning techniques.

- **Understanding VAD’s (Left Ventricular Assist Devices) - 2 CEUs**
  This course provides an overview of the assessment techniques and treatment modalities necessary for patients with this implanted device. Learn how this device provides lifesaving perfusion for patient who have very sick hearts.

- **Winter Emergencies - 2 CEUs**
  The winter environment produces its own hazards. This course takes a closer look at both frostbite and hypothermia, their causes, what they do to the body, and their appropriate treatment.

- **ITLS - International Trauma Life Support - 16 CEUs**
  ITLS gives you the knowledge and hands on skills to better provide care of trauma patients. This course enables you to master the latest techniques in rapid assessment, appropriate intervention and identification of immediate life threatening injuries.

- **PHTLS - Pre-Hospital Trauma Life Support - 16 CEUs**
  This course is a continuing education program created in recognition of the need in EMS for additional training in the handling of trauma patients. This program is designed to enhance and increase knowledge and skill in delivering critical care to trauma patients in the pre-hospital environment. Students will learn how to: identify mechanism of injury; recognize life-threatening injuries; assess and manage trauma patients; and, perform appropriate interventions prior to transporting the patient. Both lecture and skill station based training, are used.
Course Offerings

New Jersey DOH EMS Training Fund Accepted for Refresher and EMT Basic

- **EMT Refresher Courses A - 8 CEU’s**
  The Refresher program has been broken down into three sections: Airway, Trauma and Medical. Refresher A provides a review of Airway management and a brief overview of physiology of the airway. Each section is an 8 hour program and does not need to be completed as a set. Students are required to attend all three sections—A, B and C in order to utilize these CEU’s for their recertification.

- **EMT Refresher Courses B - 8 CEU’s**
  The Refresher program has been broken down into three sections: Airway, Trauma and Medical. Refresher B provides a review of Medical emergencies, assessment and treatment options for common medical emergencies experienced in the prehospital setting. Each section is an 8 hour program and does not need to be completed as a set. Students are required to attend all three sections—A, B and C in order to utilize these CEU’s for their recertification.

- **EMT Refresher Courses C - 8 CEU’s**
  The Refresher program has been broken down into three sections: Airway, Trauma and Medical. Refresher C provides a review of emergencies associated with the trauma patient, assessment and treatment options for common traumatic emergencies experienced in the prehospital setting. Each section is an 8 hour program and does not need to be completed as a set. Students are required to attend all three sections—A, B and C in order to utilize these CEU’s for their recertification.

- **EMT - Basic Program (Emergency Medical Technician)**
  This course is designed to instruct a student to the level of EMT-Basic, the individual who serves as a vital link in the chain of the health care team. It is recognized that the majority of prehospital emergency medical care will be provided by the EMT-Basic. This course includes all skills necessary for an individual to provide emergency medical care at a basic life support level with an ambulance service or other specialized service. One day of CPR has been incorporated into each EMT-Basic class for students that are unable to get CPR prior to the start of class. There will be an additional charge of $40.00 for the CPR for all attendees (including volunteers). This is a rigorous program of classroom instruction, practical skills, evaluations, and homework assignments. The student must also complete 10 hours of clinical skills in a hospital emergency room. In order to successfully complete this course and in order to take the NJ State Certifying Examination, the student must attain a grade of 70% on all tests. All absences must be made-up prior to taking the state exam.
  
  **Note:** A current Health Care Provider or Professional Level CPR card is required for entry into the course.
Atlantic HeartSmart AED is a distributor of AEDs (automated external defibrillators) and also provides the necessary components and assistance to have a comprehensive AED program. Services include planning and assessment, assistance with policies and procedures, training, medical oversight, tracking of supplies and event review. Careful design, implementation and operation of an AED program are essential to the success and rapid response of a program. For more information, sales and supplies please call 908-522-2864.

AHA COURSE OFFERINGS

ACLS / PALS
Atlantic Training Center offers American Heart Association (AHA) Advanced Cardiovascular Life Support (ACLS) and Pediatric Advanced Life Support (PALS) courses. These courses are designed for healthcare providers who may be called upon to provide advanced interventions during resuscitation of a patient.

- ACLS - Advanced Cardiovascular Life Support

This course is designed for healthcare providers who either direct or participate in the resuscitation of a patient, whether in or out of a hospital. Through the ACLS course providers will enhance their skills in the treatment of the adult victim of cardiac arrest or other cardiopulmonary emergencies. ACLS emphasizes: the importance of basic life support (CPR) to patient survival; the integration of effective basic life support with advanced cardiovascular life support interventions; and, the importance of effective team interaction and communication during resuscitation.

ACLS is based on simulated clinical scenarios that encourage active, hands-on participation through learning stations where students will practice essential skills individually, as part of a team, and as team leader. Realistic simulations reinforce the following key concepts: proficiency in basic life support care; recognizing and initiating early management of peri-arrest conditions; managing cardiac arrest; identifying and treating ischemic chest pain and acute coronary syndromes; recognizing other life-threatening clinical situations (such as stroke) and providing initial care; ACLS algorithms; and, effective resuscitation team dynamics.

Intended Audience:
Healthcare providers such as physicians, nurses, paramedics, respiratory therapists, and other professionals who may respond to a cardiovascular emergency.
Course Offerings

- **PALS—Pediatric Advanced Life Support**
The goal of the PALS course is to aid the healthcare provider in developing the knowledge and skills necessary to efficiently and effectively manage critically ill infants and children in an effort to improve outcomes. Skills taught include: recognition and treatment of infants and children at risk for cardiopulmonary arrest; the systematic approach to pediatric assessment; effective respiratory management; defibrillation and synchronized cardioversion; intraosseous access and fluid bolus administration; and, effective resuscitation team dynamics.

**Intended Audience:**
Pediatricians, emergency physicians, family physicians, physician assistants, nurses, nurse practitioners, paramedics, respiratory therapists, and other healthcare providers who direct or provide advanced life support in pediatric emergencies.

**AHA Training Courses**

- **BLS for the Healthcare Provider (Initial)**
  Certification course designed to meet the needs of healthcare professionals. A six-hour course, which covers adult, infant and child CPR; obstructed airway; barrier devices and use of an AED (Automated External Defibrillator).

- **BLS for the Healthcare Provider (Renewal)**
  Certification course that renews the skills taught in BLS for the Healthcare Provider. It is recommended that these skills be renewed every two years. 3 hours

- **CPR for Friends & Families**
  Course intended for people with limited or no medical training who want to learn more about CPR. This program does not provide a certification card.

- **HeartSaver CPR (Adult and Pediatric)**
  Comprehensive certification course to teach CPR, the use of the AED and relief of obstructed airway for the adult, child and infant.
Course Offerings

- **HeartSaver AED**
  Certification program to teach CPR and relief of obstructed airway for the adult and child. 3 hours

- **Heart Association First Aid**
  The course covers basic first aid for common medical and traumatic emergencies with some hands-on instruction. Prior knowledge of CPR is highly recommended. 3 hours

- **AHA First Aid with CPR/AED**
  This course covers basic first aid for common medical and traumatic emergencies, CPR and relief of Obstructed Airway for the Adult and Child including use of the AED. 6 hours

- **Pediatric First Five Minutes**
  An ideal course for child care professionals. A basic first aid class lasting 2 hours. No hands-on training. Instructs a lay person on how to react to common medical and traumatic emergencies for a pediatric patient.

- **Emergency First Five Minutes**
  A basic first aid course lasting 2 hours. No hands-on training. Instructs a lay person on how to react to common medical and traumatic emergencies for an adult patient.

- **Bloodborne Pathogens**
  This one hour training module is designed to provide a basic understanding of bloodborne pathogens, common modes of their transmission, methods of prevention and other pertinent information.

- **Oxygen Administration**
  You can easily learn how to manage and maintain equipment, cylinders and delivery systems to national safety standards as well as how to administer oxygen in an emergency situation. 1 hour

- **Instructor Courses**
  American Heart Association certification course designed to meet the guidelines for instructing in CPR, ACLS and PALS. For more information contact the corresponding coordinators listed on page 15.
Registration Instructions

How to register online for classes offered in this catalogue

- Go to www.atlanticambulance.org
- Click on the Education tab.
- Scroll down to click "Online Registration" This will take you to a new page, which is the registration page.
- Click the drop down list to find the course offering/event you want.
- Click "View/Search Event".
- Click on the event you would like.
- Enter your login ID and password. If you are registering for the first time on this site, follow the directions for creating your registration.
- If you are an Atlantic Health affiliate, enter your affiliation.
- If you are an Atlantic Health Employee, you must enter your cost center.
- If paying by credit card, you will be redirected to PayPal. You do not need to have a PayPal account in order to pay. PayPal is a more secure way of using your credit card.
- Click "submit" and you’re registration is complete. An email will automatically be sent stating your registration status, so please double-check your spelling.

** Remember, if you did not find a class that meets your group’s needs, please feel free to contact the Atlantic Training Center. We will be happy to customize a program to meet your educational needs and/or arrange classes to suit your schedule. (See the “Contact Information” phone directory on pp 15.)
Contact Information

Contact the key Atlantic Training Center Departments below to set up customized classes to meet the educational needs of your organization.

Atlantic Training Center
908-522-2323
Office Hours Monday-Friday 8am-4pm

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